

Your next cancer-care conversation

Name / initials:

1 / 3 What do we know so far?

Ask the team to confirm medical details. A symptom, marker or scan phrase alone may not explain a treatment change. If someone is seriously unwell, seek urgent help; do not wait to complete this sheet.

Type in a form-capable PDF reader, save a copy, then close and reopen it to check. Completed files are not encrypted; keep them securely. Text boxes can scroll: for long answers, keep the full text in your own document labelled with this worksheet and question, and enter "See attached notes" here. Print your completed copy from the reader and check print preview. If your language does not display correctly, use a document that supports it, or print and write by hand.

Date / person completing this / who the patient wants involved

What the team has confirmed, in plain words

What is still uncertain; tests or reports needed and who will obtain them

Current symptoms or difficulties; medicine instructions while waiting, confirmed by the team

The three questions that matter most to us

For long answers, enter "See attached notes" and print the full response separately. Check that all intended text is visible in print preview.

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2 / 3 What could the next step achieve?

Use this page with the treatment-choice sheet if there is more than one reasonable option. Ask about symptom support even while tests or treatment are being considered.

What matters most to the patient now: daily life, comfort, independence, time or other priorities

Goal of the proposed treatment, confirmed by the clinician

Options, likely benefit and uncertainty; clinician recommendation and why; supportive care alone if relevant

Burdens, visits, costs and help likely to be needed

Questions about another opinion, molecular testing or a clinical trial, if relevant

For long answers, enter "See attached notes" and print the full response separately. Check that all intended text is visible in print preview.

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3 / 3 Leave with a clear plan

Ask the team to explain how urgent the decision is. Do not delay urgent care while completing a worksheet or seeking another opinion.

Agreed next step / person responsible / date

When results will be reviewed; who contacts whom if there is no news

When benefit and side effects will be reassessed; what could change the plan

Team-confirmed symptoms needing an urgent call; daytime and out-of-hours contact routes

What we understood / what still needs explaining / next conversation date

For long answers, enter "See attached notes" and print the full response separately. Check that all intended text is visible in print preview.